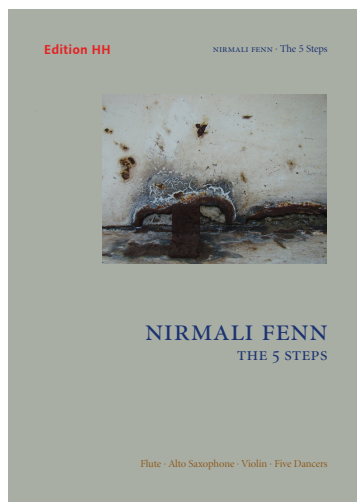


NIRMALI FENN

THE 5 STEPS – for flute, alto saxophone, violin and five dancers



The 5 Steps is a music theatre piece steeped in ritual, where music and dance converge to express a correlation between generative and degenerative processes that operate within nature and human life cycles.

The piece theatricalises the 5 elements of Taoism – Wood (木), Fire (火), Earth (土), Metal (金), and Water (水). Each of the Chinese characters determines the choreography for the five dancers and the musicians. However, no element exists by itself, but is determined by how each operates within a part of a holistic system.

Essential to *The 5 Steps* is the thought that transformations in nature and the cycles of birth and death rely on the alternation and balance of extremes, the Yin and Yang forces.

Nirmali Fenn (*1979)
The 5 Steps

FULL SCORE AND PARTS · HH287.FSP
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